

# Exam Dates: June 2022

**Practical Exam - Tuesday 8th March**

**Theory Exam - Tuesday 24 May**

# Revision & Key info

GCSE PE  
Specification



GCSE PE  
Google Site

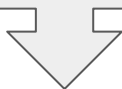


The exam focuses on five key areas:

1. **Health, training and exercise**
2. Exercise physiology
3. **Movement analysis**
4. Psychology of sport and physical activity
5. **Socio-cultural issues in sport and physical activity.**

# Revision & Key info

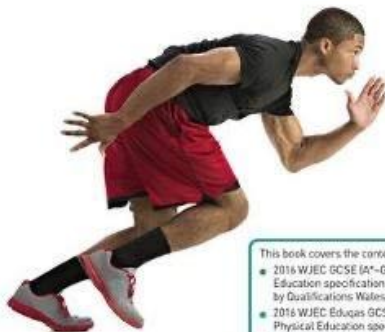
BBC Bitesize  
WJEC specific



my **revision** notes

WJEC and EDUQAS GCSE

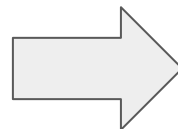
PE



Ross Howitt

This book covers the content of:

- 2016 WJEC GCSE (A\*-G) Physical Education specification regulated by Qualifications Wales
- 2016 WJEC Eduqas GCSE (9-1) Physical Education specification regulated by Ofqual



SCAN ME

# Revision & Key info

## Unit 1 revision

Health, training &  
exercise



## Unit 2 revision

Anatomy &  
physiology



## Unit 3 revision

Movement  
Analysis



## Unit 4 revision

Sports  
Psychology



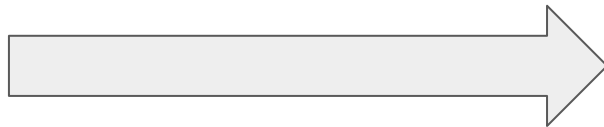
## Unit 5 revision

Sociocultural  
issues in sport



# Revision & Key info

## Padlet



To sign into Padlet, use your IHS email address because then your name can be seen if you post anything or comment on things.

