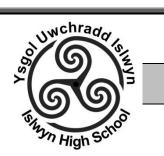
## Final Checklist



- Individual Passport
- European Health Insurance Card (EHIC)
- Spending money recommended €70 to €150

Ski Clothes:	Toiletries:
Ski Jacket	Toothbrush / Toothpaste
Ski Trousers	Soap / Shampoo /Shower gel
Ski Gloves/Mitts	Deodorant
Ski socks	Towel
Base Layers (synthetic not cotton)	Sun Block
Mid Layers (thin fleeces)	Lip Salve
Underwear	Moisturiser
Ski Goggles	
Ski Glasses	Additional Iteams:
Hat and Sun Block	Mobile Phone / IPad
	Charger and an adapter
Casual – Evening Wear:	Snacks - Sweets / Chocolates / Crisps
Underclothes	Packed lunch for outward journey
Jeans/trousers	Plasters
T shirts	Medication (if required)
Sweaters	Travel tablets (if required)
Indoor / Outdoor shoes	
Pyjamers / Nightclothes	