



# Islwyn High School Year 8

## Summer 2019

Welcome to our Newsletter.

*This is a place of celebration dedicated to the pupils in Year 8 who have continued to make us proud. We continue to raise standards, support and guide each other as we progress and we rely on each other to do so. We have a lot to be proud of this year, and I hope you will enjoy our news as we come to the end of a successful year.*

Mr G Preece.

Progress Manager



### SPORT NEWS

Year 8 rugby Team after winning the Caerphilly Rugby Cup Championship 2019. What an amazing achievement!



#### Team Names

Oscar Duggan	Jordan Way
Ethan Walker	Kian Godwin
Corey Mates	William Morgan
Evan Wood	Max Rossiter
Finlay Robinson	Thomas Gregory
Zac Tucker	Evan Williams
Liam Bray	William Davey
Oliver Cooke	Oliver Kendall
James Williams	Liam Haynes
Ethan Stebbings	

#### Netball Team

Throughout the year, there has been a range of tournaments for the Islwyn High School Year 8 netball team. They put a lot of time and effort and worked together to gain the win at the County Champions. The girls were very proud to represent Islwyn High School and were praised with a presentation.

Chloe Adams 8SC2 Jasmine Fowler 8SM



## Football news ... by Daf Price 8SM

Islwyn High School's football team is great! We have won many games, including a game where we were losing to Caerleon Comprehensive School 1-0. Ethan Williams scored a great goal, equalising the game. The whistle went and it went to penalties... we beat them on penalties and won the game!

We train on Wednesday at lunchtime; we work so hard to get to the top and win everything we can.



Over the past 6 months, Ellise Francis, Daisy Way, Libby Scott, Holly Ball, Elizabeth Lloyd (Year 8), Madison Perrot and Esther Knight (Year 7) have been training to compete in a street dance competition. In March we entered the School's Welsh Championship where we performed our routine that we choreographed ourselves. It consisted of different types of street styles. Our team, called Gemini, was placed 4<sup>th</sup> out of 13 teams. The top five groups went through to the UK championship. We were really proud of each other and the amount of work we put in. Mrs Davies was over the moon for us too.

When we returned to school the following week, it was amazing to be recognised by our year group and our teachers who clapped us in assembly.

Since March, our mind has been set on the UK Championship that we have been working extremely hard for. We cannot wait to perform again with each other. The UK Championship is being held in Stoke-on-Trent and we are hoping to do well as we are representing our school. Hopefully, all our dedication and commitment will pay off!



Watch this  
space...





### Dreams by Jess Scott 8 SM

For the fifth time in a week, I'd bolted up in my bed, shaking and muttering incoherent things. Yet again, I'd had another nightmare. The strange and terrifying thing is I know I've been places. I know I've been out, because I have physical proof. The bad bit is, I can't remember a single thing about where I've been. I'll go to sleep, and I'll wake up as someone completely different. Currently I've been dealing with this condition for 6 years, 11 months and 7 days and 17 hours. I keep track. The worse thing is, I have no way of keeping contact with this other person. I know nothing about them, but every time I black out, just before actually, I see a red shiny bike with a white hanging basket and dirt covered tires with a slight puncture in each. I can never get that bike out of my head, and I wondered for a while if it was following me.

Two years ago I complained to a psychiatrist about it, and the end result was that I was put in a mental hospital for a few weeks. All I saw were those white padded walls, and the restraints that dug so far into my wrist that they leaked crimson and covered themselves in bruises. All the while I heard a second voice in my head, telling me to do bad things. I assumed that it was just the voices in my head from the insanity that had been caused in the facility, but the voice never gave me the answers I expected. Which meant that this voice was someone else. Someone who knew everything about me. Someone who turned against me.

Myself.

Someone who has been hosting my body for the past six years, using it at their leisure.

I decided to take a short stroll down to the evergreen park that had raised me when my parents chose not to, and there I saw a sight that frightened me to the point where it was no longer me in control of my body. I was drawn towards it yet my head told me to run. I knew I needed to get away but I couldn't bring my legs to move. It was the murky red bike, and while I was lost in thought, staring at the bike, wondering what it might be, I felt a hand around my mouth, and the last thing I remembered



# **Islwyn High School**

Belong... Believe... Achieve...





The Eco School Programme is an ideal way for schools to embark on a meaningful path towards improving the environment in both the school and the local community while at the same time having a positive impact on the lives of young people and their families.

Encourage recycling in schools. This makes them enthusiastic about taking the necessary steps to protect nature and the environment. Recycling helps children to feel an important and worthwhile part of their community, which will also help them to be more involved in their communities as they reach adulthood.

Kady Skinner 8DD



Like what you see? Get involved with our next Newsletter. Speak to your form representatives or see Mrs Cooper and you could be in the next edition. We are always looking for exciting news and stories to include!

Thank you to those that contributed: **Kady Skinner 8DD, Jess Scott 8SM, Elise Francis 8AH, Daf Price 8SM, Chloe Adams 8SC2 and Jasmine Fowler 8SM.**

